

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2022

BG WTC
Updated 12/03/2022

BRONZE – 10 years+

<p>Uncoded = 0.10 A = 0.10 B = 0.20 C = 0.30 D = 0.40*</p> <p>*No D saltos permitted on floor</p>	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 7 highest elements including dismount BEAM/FLOOR – 3 acrobatic + 3 dance + 1 optional BARS/BEAM/FLOOR The dismount must be included in the counting elements Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>			
<p>Short Exercises</p>	<p>On Beam & Floor, an exercise with 6 elements or less will be deducted 1.00 for each missing element. On Bars, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>			
	<p>Vault</p>	<p>Bars</p>	<p>Beam</p>	<p>Floor</p>
<p>Apparatus</p>	<p>FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.</p>	<p>FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.</p>	<p>A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).</p>	<p>FIG Floor Regulations apply</p>
<p>Requirements</p>	<p>Any vault from the new vault table</p> <p>Height of vault 115, 120 or 125cm 1 x springboard</p> <p>Execution deductions of 0.1, 0.3, 0.5 & 0.8 for height will apply</p>	<p>A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.5):</p> <ul style="list-style-type: none"> Close bar circle element A different close bar element min B An element LB to HB (uncoded OK) A giant circle in any direction Cast to within 30° handstand An element with min 180° turn including mount & dismount <p>Dismount must be included in counting elements Maximum D Score 4.00</p>	<p>A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> Turn (Grp 3) or Roll / Flairs Connection of minimum 2 different dance elements (no split required) Leap or jump with 180° split (cross or side) or straddle 1 x acrobatic series with 2 min elements at least one with flight Mixed Series (Minimum 2 element – no flight required on acro element) may include mount Dismount min B or an A salto directly connected to an acro skill <p>Maximum D Score 4.00</p>	<p>A Gymnast should fulfil 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> Acro line with min 2 saltos A dance passage of 2 different leaps / hops – 1 with 180° split (cross or side) or straddle Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance) Spin on one foot (minimum 360°) Saltos in different directions (no aerials). Acro line not necessary, no stationary skills. Salto with LA Turn (min 180) (must be in acro line) <p>Maximum D Score 4.00</p>
<p>Uncoded (U) Permitted Elements (receive 0.1 DV)</p>		<p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB) ¾ Giant from LB to HB</p>	<p>Tuck jump Stretched or arched jump Stretched jump ½ Changement Stag leap Stag jump</p>	<p>Tuck jump ½ W Jump or hop with ½ Changement Stag leap</p>
<p>Barred Elements</p>		<p>No flight elements on the same bar or from HB to LB are permitted No D dismounts are permitted.</p>	<p>All elements above a D No D dismounts are permitted.</p>	<p>D+ saltos are not permitted</p>
<p>Notes</p>	<p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p>The sole circle (5.108) may be performed with bent legs without incurring execution penalty) Stopping to adjust handguards on the bar – penalty 0.50 (intermediate swing)</p>		<p>Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.</p>
<p>GBR Bonus (in addition to FIG)</p>		<p>See Bonus sheet</p>	<p>See Bonus sheet</p>	<p>See Bonus sheet</p>

Clarifications for Bronze Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

Maximum D score includes any bonus awarded.

Vault:

- Additional modified 4 & 5 coil springboards will be available

Bars:

- A minimum of 5 and a maximum of 7 elements only are required
- A routine with less than 5 elements will be deducted 1.00 for each missing element
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.
- A sole circle can count as CR1
- No flight elements on the same bar or from HB to LB are permitted
- No D dismounts are permitted. If performed no DV, CV, CR can be awarded.

Beam:

- 7 elements only are required – 3 dance, 3 acro and 1 optional
- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- CR 2, 3, 4 must be performed on the beam, CR 1 & 5 can include mount and / or on the beam
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).
- No D dismounts are permitted. If performed no DV, CV, CR can be awarded.

Floor:

- 7 elements only are required – 3 dance, 3 acro and 1 optional
- Short exercise penalties - A routine with 6 elements or less will be deducted 1.00 penalty for each missing element
- Minimum 2 acro lines to be performed (penalty 1.00 for each missing acro line)
- No D+ saltos are permitted on floor. If performed no DV, CV, CR can be awarded.
- An acro element may be repeated without DV for purposes of fulfilling a mixed series